

# Foods containing CORN

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## Corn

4-way Mix  
Tortilla Chips  
Fritos  
Corn Dogs  
Cinnamon Flakes Multigrain  
Froot Loops  
Apple Jacks  
Frosted Flakes  
Chicken base  
Cheese Breadstick  
Turkey and Gravy  
Beef Sausage Sandwich

## Corn Flour

Fish Fillet (Hoagie)  
Hot Dog Bun  
Hamburger Bun  
Corn Dogs  
Cheese and Bean Burrito  
Breaded Drumstick

## Corn Fiber

Nutrigrain

## Corn Meal

Cornmeal  
T.G.I Friday's Cheddar Cheese Fries  
T.G.I Friday's Extreme Heat Fries

## Corn Oil

Cheese Breadstick  
Diced potato  
Smartfood Popcorn

## Corn starch

Corn starch  
Powdered sugar  
Cheerios  
Pancake wrap  
Chicken strip  
Spicy chicken  
Chicken patty  
Wheat tortilla  
Atomic Cheez-it  
Chicken base

Beef base  
Otis muffins  
Whole wheat bread  
Mini pancakes – Blueberry  
Sweet and Sour Sauce

## Corn syrup

Cheese sauce  
Egg portion  
Fruit mix  
Sausage roll  
BBQ sauce  
Teriyaki sauce  
Soy sauce  
Tomato sauce  
Sweet potato  
Marinara sauce  
Raspberry vinaigrette  
Gravy mix  
Tomato soup  
Low-fat Yogurt – Blueberry, Strawberry,  
Vanilla

Tomato soup  
Sweet n spicy  
Beef Franks  
Waffle syrup  
Ketchup  
Thousand Island  
Honey Dijon  
Raspberry Vinaigrette  
French dressing  
Lite mayo –gallon  
Ken's Golden Italian  
Ken's Honey Mustard  
Ken's Fat Free Ranch  
Grape jelly  
Mashed potato  
French Toast  
NutriGrain Bars  
Cereal Bars – a la carte  
Mini Pancakes – Blueberry  
Beef base  
Gravy mix  
Alfredo sauce  
Cookie dough – Carnival  
PopTarts  
Breakfast burrito