## Elementary Lunch April 2018

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2	3	4	5	6
Hot Dog 29g	Bean & Cheese Burrito 42g	Italian Baked Pasta w/ Garlic	Meatball Sub 37g	Cheeseburger 30g
Country Steak Fingers 19g Fruit & Cheese Plate w/	Crispy Fish Nuggets 20g Spicy Chicken Wrap 44g	Toast 34g(48g) BBQ Chicken Sandwich 42g	Baked Potato w/ Broccoli and Cheese Sauce 61g	Crispy Chicken Nuggets 14g Veggie Chef Salad w/
Cheez Its 24g	Veggie Chef Salad w/	American Wrap 29g	Crispy Chicken Salad w/	Cheez Its 16(31g)
Turkey Chef Salad w/	Cheez Its 16q(31q)	Ham Chef Salad w/ Cheez	Cheez Its 21(36g)	Turkey & Cheese Wrap 30g
Cheez Its 9g (24g)	Mexicali Corn 22g	Its 9(24q)	Ham & Cheese Sandwich 30g	Oven Baked Curly Fries 16g
Seasoned Green Beans	Sweet Potato Waffle Fries	Steamed Peas & Carrots 10g	Golden Corn 22g	BBQ Baked Beans 34g
Mashed Potatoes 15g	169	Color of Italy Salad 49	Garden Salad 3g	Berry Fruit Salad 8-16g
Whole Wheat Roll 26g	Spanish Brown Rice 24g	Wacky Cake 33-50g	Whole Wheat Roll 26g	Milk 12g
Apple, Banana or Orange	Pineapple 15g	Apple, Banana or Orange 12-	Peaches 16g	5
12-23g	Milk 12g	23g	Milk 12g	
Milk 12g		Milk 12g		
9	10	11	12	13
Soft Beef Taco 28g	Sweet & Sour Chicken 24g	Chicken Broccoli Alfredo	Frito Pie 38g	Stuffed Crust Cheese
Country Steak Fingers 19g	Cheese Nacho w/ Refried	Pasta w/ Garlic Toast	Crispy Chicken Strips 12g	Pizza34g
Ham Chef Salad w/	Beans 45g	31g(45g)	Ham Chef Salad w/ Cheez	Cheeseburger 30g
Cheez Its 9 (24g)	Ham & Cheese Sandwich 30g	Hot Meatball Sub 37g	Its 9(24g)	Turkey Chef Salad w/
Southwest Veggie Wrap	Turkey Chef Salad w/	Turkey & Cheese Sub 30g	Fruit & Cheese Plate w/	Cheez Its 9(24g)
30g	Cheez Its 9(24g) Steamed Broccoli7g	Veggie Chef Salad w/	Cheez Its 24g	Italian Wrap 30g
Festive Black Beans 28g Sweet Potato Waffle Fries	5	Cheez Its 16(31g) Color of Italy Salad 4g	Green Beans Mashed Potatoes 15g	Steamed Mixed Vegetables
Sweet Potato Warrie Fries	Garden Salad3g Cilantro Lime Rice 23g	Steamed Carrots	Whole Wheat Roll 26g	6g Carrot & Celery Sticks 4g
Whole Wheat Roll 26g	Mandarin Oranges 25g	Apple, Banana or Orange 12-	Seasonal Fruit Salad 8-16g	Apple, Banana or Orange
Apple, Banana or Orange	Mandar III Or anges 25g Milk 12g	239 239	Milk 12g	12-23g
12-23g		Milk 12g	······9	Milk 12g
Milk 12g				
16	17	18	19	20
Country Steak Fingers 19g	Chicken Strips w/ Waffle	Spaghetti w/ Meatballs &	Honduran Quesadilla 44g	Turkey & Cheese Sandwich
Hot Turkey & Cheese	56g	Garlic Toast 33g	Hamburger 30g	30g
Sandwich	BBQ Chicken Sandwich 42g	Bean & Cheese Burrito w/	Turkey Chef Salad w/	Fresh Baby Carrots &
Crispy Chicken Salad w/	Turkey & Cheese Sub 30g	Cheese 42g	Cheez Its 9(24g)	Celery Sticks 4g
Cheez Its	Veggie Chef Salad w/	Ham Chef Salad w/ Cheez	Spicy Chicken Wrap 44g	Chocolate Chex Mix 15 g
Fruit & Cheese Plate w/	Cheez Its 16(31g)	Its 9(24g)	California Vegetable Medley 6g	Orange Smiles 11g
Cheez Its	Sweet Potato Waffle Fries	American Wrap 30g	Golden Corn 22g Cilantro Lime Rice 23g	Milk 12g 12g
Seasoned Green Beans Mashed Potatoes 15g	15g BBQ Baked Beans 34g	Garden Salad 3g Seasoned Peas & Carrots 10g	Apple, Banana or Orange 12-	
Whole Wheat Roll 26g	Pineapple 15g	Apple, Banana or Orange 12-	23g	
Sliced Peaches 16g	Milk 12g	239	Milk 12g	6-29
Milk 12g	Mink 129	Milk 12g		Earth Day
23	24	25	26	27
Chicken Pot Pie 16g	Crispy Orange Chicken 20g	Mac n Cheese 42g	Crispy Chicken Strips 12g	Frito Pie 38g
Corndog 30g	Cheese Nacho w/ Refried	Country Steak Fingers 19g	Cheese Enchiladas 30g	Garlic Bread Cheese Pizza34g
Turkey Chef Salad w/	Beans 36g	Turkey Chef Salad w/	Veggie Chef Salad w/	Turkey Chef Salad w/ Cheez
Cheez Its 9(24g)	Turkey & Cheese Sandwich	Cheez Its	Cheez Its 16(31g)	Its9(24g) Ham & Cheese Sandwich 30g
Southwest Veggie Wrap	30g	Ham & Cheese Wrap 30g	Turkey & Cheese Sandwich	Steamed Mixed Vegetables 6g
38g	Steamed Broccoli 7g	Color of Italy Salad 4g	30g	Baby Carrots & Celery Sticks 4g
Garden Salad 3g	Festive Black Beans 11g	Whole Wheat Roll 26g	Green Beans 5g	Seasonal Fruit Salad 8-16g Milk 12g
Sweet Potato Waffle Fries	Cilantro Lime Rice 23g	Steamed Carrots	Mashed Potatoes 15g	Milk 12g
15g Mikala Mikaat Dall 34a	Seasonal Fruit Salad 8-16g	Mandarin Oranges 25g	Whole Wheat Roll 26g	
Whole Wheat Roll 26g	Milk 12g	Milk 12g	Apple, Banana or Orange 12-	
Apple, Banana or Orange			23g Milk 12g	
12-23g Milk 12g			WillK 129	
30				
Hot Dog 29g				
Country Steak Fingers 19g		A		
Fruit & Cheese Plate w/		The		
Cheez Its 24g				
Turkey Chef Salad w/		SHOWELS		
Cheez Its 9(24g)				
Seasoned Green Beans 5g				
Mashed Potatoes 15g				
Whole Wheat Roll 26g		FIOWERS		
Apple, Banana or Orange				
12-23g Milk 12a				
Milk 12g				l

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Menu is subject to change without notice